Together we can

HELP OUR
NEXT GENERATION OF LEADERS
GRADUATE and go on to realise their full potential.

A number of hardworking and inspiring students’ efforts were recognised and rewarded this year via the #JutaGoingPlaces and #JutaPayItFwd campaigns.

We would like to grow these campaigns and affect change in even MORE deserving students’ lives.

We are inviting you to be part of the 2017 first semester campaign. To discuss how you can get involved please contact us at jutagoingplaces@juta.co.za
<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>SUBJECT INDEX</td>
</tr>
<tr>
<td>6</td>
<td>INTRODUCTION</td>
</tr>
<tr>
<td>8</td>
<td>HEALTH TITLES</td>
</tr>
<tr>
<td>53</td>
<td>CONTACT INFORMATION</td>
</tr>
<tr>
<td>56</td>
<td>AUTHOR INDEX</td>
</tr>
<tr>
<td>57</td>
<td>TITLE INDEX</td>
</tr>
<tr>
<td>59</td>
<td>DESK/INSPECTION COPY REQUEST FORM</td>
</tr>
</tbody>
</table>
## SUBJECT INDEX

### NURSING AND ALLIED HEALTH SCIENCES

<table>
<thead>
<tr>
<th>Topic</th>
<th>Books</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Health Nursing Science</td>
<td>Community Development&lt;br&gt;Fertility Management&lt;br&gt;Health of Southern Africa&lt;br&gt;HIV/AIDS in sub-Saharan Africa: understanding the Implications of Culture and Context&lt;br&gt;Occupational Health&lt;br&gt;Vlok’s Community Health</td>
</tr>
<tr>
<td>Cultural Aspects of Health Care</td>
<td>Cultural Aspects of Health Care</td>
</tr>
<tr>
<td>Dictionaries</td>
<td>Blackwell’s Nursing Dictionary</td>
</tr>
<tr>
<td>EMS</td>
<td>Basic First Aid&lt;br&gt;Disaster Medicine&lt;br&gt;Essential First Aid</td>
</tr>
<tr>
<td>Auxiliary Nursing</td>
<td>Auxiliary Nurse, The&lt;br&gt;Auxiliary Nurse’s Guide, The</td>
</tr>
<tr>
<td>Ethos and Professional Practice</td>
<td>A–Z of Nursing Law&lt;br&gt;Bioethics, Human Rights and Health Law&lt;br&gt;Ethics in Healthcare&lt;br&gt;Fundamentals of Research Methodology&lt;br&gt;New Approach to Professional Practice, A</td>
</tr>
<tr>
<td>Fundamental Nursing Science</td>
<td>Juta’s Counselling Handbook for Healthcare Professionals&lt;br&gt;Juta’s Manual of Nursing Volume 1&lt;br&gt;Study Skills for Nurses</td>
</tr>
<tr>
<td>HIV/AIDS</td>
<td>Working with HIV/AIDS</td>
</tr>
<tr>
<td>Infection Control</td>
<td>Infection Control Made Easy&lt;br&gt;Prevent and Control Infection&lt;br&gt;Understanding Infection Prevention and Control</td>
</tr>
<tr>
<td>Integrative Health Care</td>
<td>Integrative Health Care</td>
</tr>
<tr>
<td>Management Sciences</td>
<td>Dimensions of Healthcare Management&lt;br&gt;Healthcare Service Management&lt;br&gt;Introduction to Health Care Service Management&lt;br&gt;Leadership in Health Services Management&lt;br&gt;Record Keeping&lt;br&gt;Supervision in Nursing Practice&lt;br&gt;Healthcare Dynamics</td>
</tr>
<tr>
<td>Medical Surgical Nursing</td>
<td>Juta’s Complete Textbook of Medical-Surgical Nursing</td>
</tr>
<tr>
<td>Midwifery</td>
<td>Juta’s Clinical Guide for Midwives</td>
</tr>
<tr>
<td>-----------------------------------------------</td>
<td>------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Maternal and Newborn Care</td>
</tr>
<tr>
<td></td>
<td>Newborn Baby</td>
</tr>
<tr>
<td></td>
<td>Partograph</td>
</tr>
<tr>
<td></td>
<td>Sellers’ Midwifery</td>
</tr>
<tr>
<td>Paediatric Nursing</td>
<td>Child Abuse</td>
</tr>
<tr>
<td></td>
<td>Newborn Baby</td>
</tr>
<tr>
<td>Pharmacology</td>
<td>Pharmacology in Clinical Practice</td>
</tr>
<tr>
<td>Post Basic Courses</td>
<td>Acute Care</td>
</tr>
<tr>
<td></td>
<td>Aspects of Forensic Medicine</td>
</tr>
<tr>
<td></td>
<td>Clinical Ophthalmology Companion</td>
</tr>
<tr>
<td></td>
<td>Dimensions of Healthcare Management</td>
</tr>
<tr>
<td></td>
<td>Healthcare Service Management</td>
</tr>
<tr>
<td></td>
<td>Infection Control Made Easy</td>
</tr>
<tr>
<td></td>
<td>Nurse Educator in Practice</td>
</tr>
<tr>
<td></td>
<td>Palliative Care</td>
</tr>
<tr>
<td></td>
<td>Partograph</td>
</tr>
<tr>
<td></td>
<td>Record Keeping</td>
</tr>
<tr>
<td></td>
<td>Teaching Aspects of Health Care</td>
</tr>
<tr>
<td>Psychiatry</td>
<td>Mental Health Nursing</td>
</tr>
<tr>
<td></td>
<td>Primary Health Care Psychiatry</td>
</tr>
<tr>
<td>Psychology and Sociology</td>
<td>Developmental Psychology</td>
</tr>
<tr>
<td></td>
<td>Introduction to Psychology</td>
</tr>
<tr>
<td></td>
<td>Juta’s Nursing Psychology</td>
</tr>
<tr>
<td></td>
<td>Juta’s Sociology for Healthcare Professionals</td>
</tr>
<tr>
<td></td>
<td>Sociology – A South African Introduction</td>
</tr>
<tr>
<td></td>
<td>Student’s A to Z of Psychology</td>
</tr>
<tr>
<td>Research</td>
<td>Fundamentals of Research Methodology for Health Care Professionals</td>
</tr>
</tbody>
</table>

**MEDICAL SCHOOLS**

| Emergency Medicine                           | Disaster Medicine                  |
| Ethics, Health Law and Human Rights          | A–Z of Medical Law                 |
|                                               | Bioethics, Health Law and Human Rights |
| Forensic Medicine                            | Aspects of Forensic Medicine       |
| Ophthalmology                                | Clinical Ophthalmology Companion   |
| Primary Health Care / Community Health       | Child Abuse                        |
|                                               | Patient-centred Communication and Counselling |
|                                               | Primary Health Care Psychiatry     |
|                                               | Vlok’s Community Health            |
| Women’s Health                               | Clinical Gynaecology               |
|                                               | Maternal and Newborn Care          |
| Paediatrics                                  | Maternal and Newborn Care          |
|                                               | Newborn Baby                       |
| Psychiatry                                   | Primary Health Psychiatry          |
| Research                                     | Writing your First Clinical Research Protocol |
Juta continually strives to raise the bar for academic publishing to address the needs of the students, academics and professionals whom we serve. We share the national dream of making higher education more accessible to all, through contributing teaching and learning solutions that are of the highest quality while being affordable and relevant to southern African students and lecturers.

MORE ABOUT OUR PUBLISHING PROGRAMME:
- Juta offers a comprehensive selection of higher education content and teaching and learning resources, covering a wide range of disciplines with a variety of product types.
- Extensive lecturer support materials are available to support lecturer and student success.
- Juta products support academic literacy, develop professional competence and workplace readiness and our content focus assists in the decolonisation of curricula.
- Because we understand the need to upgrade South Africa’s delivery capacity through distance education, we have designed our materials for education at a distance and self-directed learning.
- Juta customises print and electronic content to serve the specific needs of institutions and training providers with flexible, integrated, learning solutions.
- Juta is a wholly owned subsidiary of Kagiso Media. Dividends support the developmental endeavours of the Kagiso Education Trust and the Tiso Foundation in South Africa.
- Over the years we have developed a strong pool of highly qualified authors who are experts in their fields.
- We welcome comments from our readers and ideas from prospective authors. We regularly run author workshops, and are always ready to develop new talent because, ultimately, the people of southern Africa are our most valuable assets.

PROSPECTIVE AUTHORS
We are always interested in proposals for new books. Please send the relevant publisher a synopsis and an indication of the market for which your book is intended. Contact details appear on the opposite page.
**SUPPORT MATERIAL**

Support material is made available to students and lecturers using Juta Academic textbooks at prescribing institutions. To gain access to support material lecturers need to register by creating a profile on bit.ly/jutaregister. Once you have submitted your registration, Juta will verify your details and then approve your access. Please allow two days for your request to be approved. Student support material is open to all and is accessible on the Juta Academic website.

Support material will vary per title but could include any of the following:

- **PowerPoint Presentations**
- **Interactive Workbooks**
- **Online Question Banks**
- **Videos Covering Core Concepts**
- **Mobile-Friendly Glossary**
- **Exam and Study Skills**

To find out what support material is available for your title, visit the support material catalogue at bit.ly/jutaregister. If you require any assistance you can email the support material team on supportmaterial@juta.co.za.

**E-BOOKS**

Many Juta titles are now available as e-books. We are able to make our e-books available to you through the most advanced e-book software in the world, VitalSource Bookshelf®, offering you three-way access to your books: download, online and mobile. For direct sales of licensed e-Product contact us at academic@juta.co.za. E-books are available in webpdf, e-Pub and mobi formats.

**PRICES**

Please note that all prices are applicable from July 2016 to June 2017. To download the electronic PDF of the Juta Health catalogue 2016/2017 go to www.jutaacademic.co.za or follow the QR Code. Prices are subject to change without prior notice.

**ICON KEY**

- **Soft Cover**
- **Printed Book ISBN**
- **Web PDF ISBN**
- **E-Book ISBN**
- **Mobi ISBN**
- **Edition**
- **Loose-Leaf**
- **Pages**
- **Suitable For**
- **Key Features**
- **Author/Editor Information**
- **Distribution Rights**
Aspects of Forensic Medicine
- An Introduction for Healthcare Professionals
K Joyner (editor)

Key features
- Provides appropriate information on forensic documentation to take the uncertainty out of dealing with legal issues
- Explains how to identify possible survivors of intimate partner violence so that survivors can be treated with compassion and understanding
- Discusses the legal requirement to report suspected child abuse so that the healthcare provider understands her/his legal responsibilities
- Explains how to proceed at the scene of death, thus enable the healthcare professional to understand her/his role.

Suitable for
- Paramedics
- The post-graduate diploma in forensic nursing
- Medical doctors in their fourth year of study
- Medical doctors specialising in forensic medicine
- Healthcare professionals dealing with the survivors of intimate partner violence.

Trauma accounts for the majority of emergency department visits in South Africa, especially over weekends. The management of trauma involves the medical aspects of wound evaluation, treatment and the legal (forensic) aspect. This merger of medical and legal responsibilities is often overlooked as the healthcare professional is primarily concerned with the medical care of the patient. However, for the vast majority of patients, the follow up of the potential legal process is an important one, and adds to the patient’s closure and healing. The healthcare professional is uniquely placed to help the patient both medically and legally and assist with this process.

Auxiliary Nurse’s Guide, The
JC Stevenson

This handbook accommodates the South African Nursing Council’s instructions and guidelines concerning the auxiliary nurse’s training and scope of practice. The 11 chapters are split into several units, each focusing on a specific procedure or topic. Each unit starts with a statement of its educational aims, making it easier for the auxiliary nurse to carry out her/his tasks and for the educator to evaluate progress. The author cites reference sources at the end of each chapter to assist both the learner and the mentor. Explanatory illustrations accompany the straightforward and clearly written text.
Now in its fourth edition, this peer-reviewed and updated edition of *The Auxiliary Nurse* has been raised to Level 5 on the NQF and its content covers the requirements of the new Nursing Auxiliary qualification. Existing chapters have been expanded on and chapters on Pharmacology and Communication added. To meet the requirements of the new curriculum, sections on nursing the disabled and palliative care have been added to the chapter on Vulnerable Groups.

Great care has been taken to ensure that the content of this book is relevant, up-to-date and accessible. Where appropriate, information and procedures are supported by the latest evidence-based practice and the latest developments in the field of healthcare are explained, such as integrated care pathways.

**CONTENTS**

- Introduction to Nursing Culture
- Professional Practice and Ethics
- Introductory Anatomy and Physiology
- Basic Principles of Pharmacology and Safe Administration of Medication
- Microbiology
- Communication in a Nursing Context
- Basic Nursing
- Food and Nutrition
- Emergency Care and First aid
- Community Healthcare
- Vulnerable Groups

**KEY FEATURES**

- Clear and accessible language so that learning is a pleasure.
- Numerous clear illustrations to assist the study of anatomy and physiology.
- Definitions of new ideas, and explanations of difficult words, to ensure complete understanding of unfamiliar terminology.
- Learner activities for each learning unit, to put the theory into practice.

**ABOUT THE AUTHORS AND EDITOR**

The experienced author team consists of nurse educators who have the necessary knowledge and experience to know what works in the ward as well as in the classroom. Liezel Booysen is currently the Director of Nursing at Empilweni Education in Randburg. Ina Erasmus is currently employed at a private healthcare institution. Magda van Zyl is Principal at Empilweni Education in Randburg and actively involved in curriculatung for the new Auxiliary Nursing qualification. The Consulting Editor, Anne Young, is the former head of post-basic nursing at Coronation Nursing College and is now retired.
This exciting text equips medical practitioners to deal with the legal issues they encounter in daily practice. Informative, relevant and up to date, The A-Z of Medical Law covers all recent changes to the law and legislation affecting the medical professions. As the only local book of this nature, it is sure to become an invaluable resource for practising medical and other healthcare professionals. Undergraduate and postgraduate medical students will also find it useful.

**CONTENTS**
- Topics arranged alphabetically from Abandonment of patient to Zulu law.

**KEY FEATURES**
- Completely comprehensive – addresses more than 650 topics
- Presents topics alphabetically for ease of access
- Explains exactly what the law is and its implications for medical practice
- Highlights aspects that require caution
- Applies to both the professional and private life of the medical practitioner

**ABOUT THE AUTHORS**
David McQuoid-Mason (Centre for Socio-Legal Studies, University of KwaZulu-Natal) and Mahomed Dada (formerly Professor of Forensic Medicine, University of KwaZulu-Natal) have co-authored the A-Z of Nursing Law and co-authored and edited several books and manuals, such as the *The Guide to Forensic Medicine and Medical Law*.

Working in the health sector, dealing with life and death issues on a daily basis, requires a sound body of information to empower, protect and inform nurses and all health practitioners. There have been many changes to legislation over recent years and this book will provide an invaluable resource. Written by internationally renowned authors it covers issues that impact on the nurse’s professional and private life.

**KEY FEATURES**
- Unique – only local text of this nature – over 400 topics addressed
- Alphabetically arranged and easily accessible using key words to find answers to different legal issues
- The book not only explains what the law is but also the nursing implications
- The book draws the nurses to certain aspects of the law that require caution
- It applies to both the professional and private life of nurses
- The user will have a complete A to Z of important aspects of the law relevant to nurses.
**Basic First Aid**

**The South African Red Cross Society**

Basic First Aid seeks to equip first aiders with the basic skills needed to effectively manage an emergency situation before the arrival of emergency care providers. It outlines step-by-step processes for a first aider to follow and administer to an ill or injured person before the arrival of emergency medical care or before transporting the casualty to a medical facility. Drawing on evidence-based practice and careful research into various emergency cases, this manual provides practical examples and methods to allow the first aider to provide the right kind of assistance in a medical emergency.

**Key Features**

- The general principles of first aid
- Basic life support (including unconsciousness, CPR, choking and fainting)
- Injuries (including wounds, bleeding, shock, burns and poisonings)
- Medical conditions (including stroke, heart attack and fits)
- Community health conditions (including malaria, cholera, diarrhoea and rashes)
- Emergency childbirth
- How to move a casualty.

---

**Bioethics, Human Rights and Health Law**

- Principles and Practice

A Dhai, D Mcquoid-Mason & D Knapp Van Bogaert

This practical guide comes at no better time – a South African response to the Health Professions Council of South Africa’s policy document to make bioethics, human rights and health law a 10 per cent portion of examinable core curriculum for all students in health sciences faculties. It provides students from year one to completion of study, as well as all health practitioners, with the theory and practical application necessary to understand and apply bioethics, human rights and health law.

**Key Features**

- Divided into 3 parts with pertinent topics per part
- Outcomes-based with the learning outcomes outlined at the beginning of each chapter
- Evaluation questions at the end of each chapter.

---

**Suitable For**

- Undergraduate and postgraduate students in health sciences who are studying courses in bioethics, human rights and health law
- Health practitioners in all health fields.
Blackwell’s Nursing Dictionary
BLACKWELL PUBLISHING

‘Very user-friendly’ — European Journal of Cancer Care
Blackwell’s Nursing Dictionary is a comprehensive, concise reference with over 30 000 entries and appendices listing a variety of commonly used values and measurements. It combines a coverage of healthcare with accurate and up-to-date information on topics of current concern in modern medicine.

KEY FEATURES
• Over 15 000 entries
• Comprehensive – much more information than a pocket dictionary
• Informed by current nursing research and clinical practice
• Accessible, authoritative and contemporary
• Invaluable and informative appendices
• Appendices include: Normal values; Lists of websites for key nursing journals and organisations; Nursing research, information technology and emergency care.

DISTRIBUTION RIGHTS
• This is a licensed reprint for sale in South Africa, Swaziland, Lesotho, Botswana, Namibia, Zambia, Uganda and Ghana.

CHILD ABUSE
- GUIDELINES AND APPLICATIONS FOR PRIMARY HEALTHCARE PRACTITIONERS
D PRETORIUS, AJ MBOKAZI, KK HLAISe & L JACKLIN

‘Millions of children make their way through life impoverished, abandoned, uneducated, malnourished, discriminated against, neglected and vulnerable. For them, life is a daily struggle to survive.’ - The State of the World’s Children: Unicef, 2006

Sadly, southern Africa is no exception to this statement and all healthcare professionals will see survivors of abuse during their careers. One of the objectives of Child Abuse: Guidelines and Applications for Primary Healthcare Practitioners is to equip healthcare professionals with the knowledge to detect such abuse early.

KEY FEATURES
• Contains a section of colour photographs to help with identifying abuse
• Highlights not-to-be missed information so that significant or key legislative issues are not overlooked
• Provides guidance on reporting suspected abuse so that healthcare professionals fully understand their ethical and legal responsibilities
• Explains a thorough, step-by-step approach to the clinical examination and documentation of abuse, as well as the importance of maintaining the chain of evidence, so that the clinician can be assured the evidence will be admissible should the case lead to prosecution.
Clinical Gynaecology was first published in 1993. This exciting, updated third edition provides a comprehensive review of the field of gynaecology. Not only has the content been thoroughly reviewed, but the format has also been expanded to include eight new chapters, a DVD and a Quick-Reference Guide. This Quick Reference Guide is a valuable resource as it summarises salient points of the chapters and the DVD shows live techniques and procedures and, as such, is an extremely useful teaching aid.

Clinical Gynaecology covers the full spectrum of gynaecological information, making this publication applicable internationally, and invaluable not only for the general practitioner but also the practising gynaecologist.

NEW TO THIS EDITION
- Evidence-based principles
- Management principles for the practising doctor
- Breast health and the general practitioner
- Polycystic Ovary Syndrome

CONTENTS
- A brief history of gynaecology
- History-taking and gynaecological examination
- Modern day management principles for the general practice: an emotional intelligence
- Anatomy
- Embryology
- The normal menstrual cycle
- Genetics
- Diseases of the vagina
- Diseases of the vulva
- Infections of the genital tract
- Antibiotic therapy in gynaecology
- Benign conditions of the cervix
- Pelvic inflammatory disease
- Ectopic pregnancy
- Miscarriage
- Leiomyomata of the uterus
- Dysmenorrhoea
- Pelvic pain
- Abnormal uterine bleeding
- Premenstrual tension
- Evidence-based gynaecology
- Breast health
- Normal sexual development, congenital abnormalities of the genital tract and intersex
- Puberty
- Amenorrhoea, oligomenorrhoea, galactorrhoea
- Hyperandrogenism
- Female infertility
- Male infertility
- Menopause
- Hormonal therapy
- Oncogenesis
- Litigation in gynaecology
- Bioethics in gynaecology
- Domestic violence
- Treatment modalities in assisted reproduction
- Polycystic ovary syndrome
- Endometriosis and adenomyosis
- Contraception
- Disorders of the lower urinary tract
- Genital prolapse
- Gynaecological fistulae
- Cytology
- Oncogenesis
- Carcinoma of the cervix
- Malignancies of the uterine corpus
- Ovarian tumours
- Primary carcinoma of the fallopian tube, primary peritoneal carcinoma and tumours of the broad ligament
- Gestational trophoblastic disease (GTD)
- Special treatment in gynaecology
- Gynaecological operations
- Pre-operative care
- Postoperative
- Endoscopic surgery
- Ultrasound in gynaecology
- Trauma and sexual assault
- Domestic violence
- Paediatric gynaecology
- Sexual dysfunction
- Bioethics in gynaecology
- Litigation in gynaecology
- The use of electronic media for information access to gynaecology
- Management of gynaecology patients at the appropriate level of care

Professor TF Kruger was Chair of the Department of Obstetrics and Gynaecology at Stellenbosch University, Tygerberg, between 2003 and 2010 and Head of the Reproductive Biology Unit since 1984. He and his team were responsible for South Africa’s first test tube baby in 1984, and is world renowned for his – and his team’s – work on male infertility. In 1999 the WHO in Geneva accepted the Tygerberg strict criteria on sperm morphology as an international standard to be used worldwide in Andrology and IVF laboratories. Dr MH Botha is Head of the Unit for Gynaecological Oncology at Stellenbosch University and Tygerberg Academic Hospital. His career started in a mission hospital, after which he specialised in obstetrics and gynaecology. Dr Botha did further training in the field of gynaecological oncology in the United Kingdom and is a registered gynaecological oncologist. He has a research interest in fertility preservation in cancer survivors.
Clinical Ophthalmology Companion

**A Zaborowski & C Cook**

*Clinical Ophthalmology Companion* is a comprehensive reference book for all healthcare practitioners who are working in ophthalmology and optometry. It is written as a quick reference guide, rather than as a lavishly illustrated text. It has been written to accompany other illustrated texts and is intended to facilitate use during consultation. The book concentrates on management as well as pathology, pathophysiology and aetiology — whatever is relevant and important to know for clinical reasons.

**KEY FEATURES**

- Compiled in an abbreviated and list-driven format allowing large amounts of information to be stored in a few pages and quickly accessed
- Reinforces clinical cases with theoretical knowledge
- Clinically relevant and affordable.

**SUITE FOR**

- Ophthalmologists
- Ophthalmology residents/registrar, optometrists
- Ophthalmic nurses.

---

Community Development

*Breaking the Cycle of Poverty*

**H Swanepoel & F de Beer**

*Community Development: Breaking the Cycle of Poverty* is a simple, accessible, entry-level book that covers just about every possible problem the practitioner may experience in the field. It is also an ‘attitude’ book that will instil a specific attitude necessary to make development successful. It lays a solid contextual foundation based on participation and empowerment and will be invaluable for practitioners, policy-makers and students alike.

**KEY FEATURES**

- Gives guidance to practitioners in the complex area of community development
- Focuses on participatory development
- Is based on years of experience accumulated by the authors and community workers.

**SUITE FOR**

- Specialists such as agricultural extension officers, nurses, health workers, teachers and social workers, who need further knowledge about how to run projects and how to approach and communicate with people associated with these projects
- Policy-makers at middle management level
- Volunteers and employees of non-governmental organisations
- Students studying development studies, sociology, social work, agricultural extension, nursing and anthropology.
Culture and its impact on health assessment and interventions is widely recognised as an essential aspect of medical training. While courses are proliferating throughout Africa and the rest of the developing world there has, until now, been no suitable student textbook or reference text to support such initiatives. The authors of *Cultural Issues in Health and Health Care* deal with the basic principles of transcultural care and focus on training practitioners to be able to put the principles into practice in their own healthcare settings.

**KEY FEATURES**

- Outcomes based
- Case studies
- Examples from across southern Africa for assessment and intervention
- Self-evaluation questions.

Now in its eleventh edition, *De Haan’s Health of Southern Africa* has been updated so that it is aligned with new as well as legacy nursing qualifications, and remains a ‘must-have’ source of information. Text on the Sustainable Development Goals, antimicrobial stewardship and infection control practices surrounding Ebola have been added. The three chapters on environmental health have been revised and strengthened. All content focuses on the situation in southern Africa and the local burden of disease.

An expanded team of specialist authors has brought new insight to this book and has ensured that this edition meets the requirements of current nursing education programmes while addressing the community needs of the people of South Africa.

**KEY FEATURES**

- A chapter on genetics linked to photographs on the Juta website which illustrate the conditions described
- A chapter on non-communicable diseases/diseases of lifestyle and the southern African disease profile
- A new focus on infection control and the concept ‘bundles of care’ to reinforce these important aspects
- A support site with resources for lecturers and students to enrich the teaching and learning experience.

**ABOUT THE AUTHORS AND EDITOR**

Dr Sharon Vasuthevan and Dr Sindi Mthembu have contributed their individual specialist knowledge of both nursing education and community health. Dr Vasuthevan is currently the Group Nursing Executive for a private hospital group and Dr Mthembu is the Principal of the KwaZulu-Natal College of Nursing in Pietermaritzburg.
The first edition of *Developmental Psychology* offered a predominantly theorist approach to understanding psychosocial, psychoanalytic and cognitive aspects of human development. This is a unique combination, not typically offered in other undergraduate developmental psychology textbooks. The revised edition retains the existing content, but is aimed at a wider readership base, including postgraduate students and practitioners in the field. Some original, South African research has also been added to indicate the application of the theory in the South African context.

**Key features**

- A series of practical thinking tasks, case studies and applied exercises engage and challenge students, and help them to relate the subject to everyday life
- Various interest boxes, numerous recommended readings and extensive glossary terms develop a broad and diverse understanding of the discipline of developmental psychology
- Over 100 photographs and more than 35 illustrations and diagrams complement and animate the text and design, and ensure that real people do not get lost in theoretical discussion.

If you are a Teaching Academic or Course Leader, you may request a **free inspection** copy to consider as textbooks for Students on your course. The Request Form is at the back of this catalogue, alternatively, go to [bit.ly/jutainspection](http://bit.ly/jutainspection)
Dimensions of Healthcare Management is the well-known and established source of management information healthcare professionals have come to trust. This third edition has been thoroughly revised to include the latest information in the field, with a new chapter on Project Management and special attention paid to the chapters on Information Systems and Finance. All the relevant legislation has been updated.

CONTENTS
- Chapter 1: The management process and approaches
- Chapter 2: Strategic human resource planning in healthcare
- Chapter 3: Assignment of nursing staff
- Chapter 4: Planning and commissioning healthcare facilities
- Chapter 5: Project management
- Chapter 6: Financial management
- Chapter 7: Organisational structure, culture and climate
- Chapter 8: Job evaluation
- Chapter 9: Group dynamics
- Chapter 10: Communication
- Chapter 11: Time management
- Chapter 12: Models of care delivery
- Chapter 13: Recruitment and selection
- Chapter 14: Staff turnover
- Chapter 15: Absenteeism
- Chapter 16: Staff development
- Chapter 17: Management and organisational development
- Chapter 18: Leadership
- Chapter 19: Work motivation
- Chapter 20: Change management
- Chapter 21: Decision-making and problem-solving
- Chapter 22: Conflict management
- Chapter 23: Performance appraisal and productivity
- Chapter 24: Risk management
- Chapter 25: Quality improvement in healthcare
- Chapter 26: Information systems in the healthcare services
- Chapter 27: Labour relations and quality of work life

KEY FEATURES
- Applies universal principles and components of management and leadership, as well as popular modern theories and approaches, to the healthcare environment.
- Addresses the unique needs of a manager in the healthcare environment with topics such as assignment of nursing staff and patient classification.

THE REVISING EDITOR
Professor Marthie Bezuidenhout has served in various senior management positions in both the clinical field and academic institutions. She has been the head of a renal dialysis and transplantation unit in Melbourne, Australia, served as vice-principal responsible for clinical teaching at the SG Lourens Nursing College, was head of the Department of Health Studies at the University of South Africa, and of late manages a multi-million rand project for the Tshwane University of Technology. She has contributed to several text books (13 in total) focusing on management, leadership and labour relations, has published articles in accredited scientific journals, and has supervised and promoted a large number of postgraduate, Master’s and doctoral students.
Disasters can strike anywhere on the planet, but are most damaging in developing countries where they can rapidly overwhelm local coping mechanisms. *Disaster Medicine* covers all the critical aspects necessary to deal with any type of man-made or natural disaster. The text has been written by a team of experts in this field, who have drawn on their years of experience to produce a comprehensive but user-friendly book.

**NEW EDITION**

This revised second edition of *Essential First Aid: Manual for Southern Africa* has been updated to bring it in line with the unit standard 119567. In so doing, this new edition provides everything needed to act effectively in medical and first aid emergencies. Written by a team of experienced Red Cross first aid trainers, the manual teaches how to recognise emergency situations and medical conditions, and offers guidance in providing first aid treatment.

**KEY FEATURES**

- Includes sections on anatomy and physiology and emergency childbirth
- Updated CPR protocols
- Each module has a self-assessment and scenario section
- Each module has a signs, symptoms and treatment feature
- Variations for infants and children
- Over 200 illustrations
- Simple and clear language, user-friendly design.

**SUITABLE FOR**

- Anyone who wants to keep a first aid book in the home, office, classroom
- Levels 1–3 first aid courses
- First aid courses run in nursing colleges and medical schools.
You, the reader, whoever you are, are not a complete novice in ethics. You understand the meaning of ‘good’ and ‘bad’ and ‘right’ and ‘wrong’, and you know that some actions are right while others are wrong and that some things are good while others are bad. These aspects are precisely what ethics as a subject of systematic study deals with’ — (Ewing, 1995).

*Ethics in Healthcare* approaches the topic of ethics from the perspective of the nurse and offers a viewpoint on the many ethical questions he or she has to deal with every day. This established and accessible text takes a fresh look at the question of cultural diversity and explains why the profession of nursing has to adhere to a common value system. A chapter covering the teaching of ethics explores the question of the moral development of the student.

**FERTILITY MANAGEMENT**
*Contraception in Practice*
**CJ ROUX**

**CONTENTS**
- Preface
- Foreword
- Abbreviations
- Introduction: review
- Demography
- Physiology
- Hormonal contraception
- Non-hormonal contraception
- Intrauterine contraception
- Sterilisation
- Abortion
- Postcoital contraception (emergency contraception)
- The adolescent
- Contraception for special conditions
- Contraception in the future
- Acquired Immune Deficiency Syndrome (AIDS)
- Legal aspects
- Infertility
- Update
- Index
Fundamentals of Research Methodology for Healthcare Professionals examines the role research plays in the improvement of health sciences practices. It details the steps involved in planning and undertaking a research project, from identifying and formulating the problem through to reporting findings. It underscores the importance of a clear understanding of research methodology and terminology in order to read research reports with the critical insight necessary to structure and implement evidence-based practice. It will stimulate awareness of the myriad research-requiring questions encountered in health practice.

CONTENTS
- Orientation to health sciences research
- Research and theory
- Ethical considerations in the conduct of health sciences research
- An overview of the research process
- Selecting or identifying research problems
- The literature review
- Refining and defining the research question or formulating a hypothesis and preparing a research proposal
- Quantitative research
- Non-traditional and qualitative research designs
- Sampling
- Data collection
- Data quality
- Data analysis
- Research reports and report evaluation

KEY FEATURES
- Clearly defined learning objectives to indicate the focus of each chapter
- Chapter summaries to reinforce learning
- Exercises to put the theory into practice
- A practical, hands-on introduction to research methodology.

ABOUT THE AUTHORS AND EDITOR
Christa van der Walt was Associate Professor in the School of Nursing Science at North-West University. Gisela van Rensburg is Professor in the Department of Health Studies at the University of South Africa. Christa and Gisela have extensive experience in tertiary education and research. They are indebted to the founding author of Fundamentals of Research Methodology for Healthcare Professionals, the late Professor Emeritus Hilla Brink.
Healthcare Dynamics for the Specialist Professional Nurse is the first text to present important current healthcare practices in the healthcare environment for specialised nurses and healthcare practitioners at district, provincial and national levels. It examines aspects of healthcare dynamics and comprehensive service delivery for all healthcare institutions, within a framework of health legislation, ethics and professional practice. In addition to fulfilling the developmental needs of specialised nurses, it is a reference tool for healthcare service management for any practising healthcare professional.

Healthcare Dynamics has been peer-reviewed nationally and internationally. It is the result of a collaboration between various academics in the field of nursing and healthcare and is a culmination of their collective experience of management and leadership practice, research and education in the healthcare service context.

CONTENTS

- Chapter 1: Identifying and addressing specialised healthcare needs
- Chapter 2: Formal and informal educational programmes for advanced practitioners
- Chapter 3: Leadership programme development
- Chapter 4: Developing proposals for community development projects
- Chapter 5: Consultancy and referral within the healthcare system
- Chapter 6: A conceptual framework of leadership for the clinical nurse specialist
- Chapter 7: Evaluation of specialised health programmes and management of these programmes and services at district, provincial and national levels
- Chapter 8: Mentoring and role modelling in a specialised health team
- Chapter 9: Professional excellence, competence and the relationship with learning of nurse specialist
- Chapter 10: Limitations in legal, ethical and policy guidelines and structures in nursing
- Chapter 11: Accessing and utilising resources in healthcare
- Chapter 12: International, regional and national health priorities and legislation on maternal health, and the role of the specialist midwife
- Chapter 13: Quality management in health services: New frameworks and strategies in determining the risk level of healthcare delivery
- Chapter 14: Information systems in healthcare

Karien Jooste is a Professor in the School of Nursing at the University of the Western Cape with national and international involvements related to nursing management and leadership. She is known for her hallmark “leadership” through her publications, editorial positions, honorary international positions, awards and her personal aim to empower others to lead.
Healthcare Service Management presents the best-practice guidelines related to the management of a healthcare organisation. The text examines aspects of management that are specific to healthcare institutions, including health-related legislation, common law and ethics. In addition to fulfilling the needs of the nursing student and lecturer, it will serve as a reference on healthcare service management for any practising manager.

**KEY FEATURES**

- The legal, ethical and professional framework of healthcare service management, including the management of HIV/AIDS
- The King III Corporate Governance report
- The latest general management theories, including information on conflict management, motivation, assertiveness, problem-solving, performance appraisals, budgeting, financial terminology and managerial accounting.

**SUITABLE FOR**

- Healthcare professionals (community/primary healthcare), secondary (district)
- Tertiary managers at all levels of health service provision
- Academic subject specialists
- Executive/corporate healthcare service managers.

**HIV/AIDS IN SUB-SAHARAN AFRICA - UNDERSTANDING THE IMPLICATIONS OF CULTURE AND CONTEXT**

**J BAXEN & A BREIDLID**

Popular understanding of the HIV/AIDS pandemic in Sub-Saharan Africa is riddled with contradiction and speculation. This is revealed in *HIV/AIDS in Sub-Saharan Africa*, which explores the various contexts in which debate about HIV/AIDS takes place. The book explores the complex and sometimes contradictory spaces in which HIV/AIDS discourse are negotiated, and thus goes some way to present a more hermeneutic profile of the HIV/AIDS problem. The authors recognise the interrelatedness of sex, sexuality, identity and HIV/AIDS in the shaping of individual and collective identities and have thus gone beyond merely asking questions about what people know.

**SUITABLE FOR**

- Students, lecturers and researchers in education, psychology and sociology
- People involved in social activism, health or community work.
Infection control is the responsibility of each and every healthcare worker, particularly in an environment in which new diseases are continually emerging. Healthcare professionals need accessible information in order to contain infections, as well as protect themselves against infective diseases. Infection control is a vital part of risk management in any health service environment. Hospital acquired infections remain an important issue in hospitals, the cost and control of which are difficult to measure.

This book will be an invaluable resource for healthcare professionals in the ongoing campaign to limit infections and safeguard both the patient and the caregiver, and serves as a practical and accessible set of principles and guidelines that will improve the quality of patient care in hospitals.

Integrative healthcare curriculum in nursing, physiotherapy, occupational therapy, human nutrition and medicine have to include modules on integrative healthcare in the pre-registration programmes to educate prospective health professionals with regard to the basic principles of complementary and alternative practices. The integration of alternative allied health professions into the healthcare team is also encouraged in the human resources plan. No other integrative healthcare textbook that covers the principles of traditional healing is currently available to be used in the training of nurses, doctors and allied health professionals.

**KEY FEATURES**

- Provides prospective health professionals with the basic principles of integrative healing (complementary and alternative practices)
- Includes information on a range of complementary and alternative practices, such as aromatherapy and chiropractic
- Incorporates legislation so can be used as a reference text
- Integrated healthcare curriculum available to prescribing institutions.

**SUITABLE FOR**

- Undergraduate students (medical, nursing, occupational therapy, physiotherapy, radiography and human nutrition) studying integrated healthcare.
A health services unit manager needs to deal with a wide range of tasks every day, ranging from compiling a duty roster or writing a unit procedure to drawing up an emergency plan, preparing an annual budget and answering legal questions. The unit manager must also be able to manage a team of healthcare professionals, lead and motivate the team and organise the unit so that it functions effectively and in line with the institution’s vision and mission.

**CONTENTS**

- Introduction to Nursing Management Processes
- External Factors Influencing Health Service Management
- Managing Policy and Procedures
- Foundations of Planning in Unit Management
- Principles of Organisation in the Health Services
- Financial Management
- Organising Facilities, Equipment and Supplies
- Human Resource Management
- People Management
- Leadership
- Staff Development
- Clinical Governance
- Customer Service and Corporate Governance
- Delegation and Supervision
- Disaster Preparedness
- Quality Improvement in Health Services
- Unit Records, Reports and Statistics in Health Services

**KEY FEATURES**

- New chapters on leadership, clinical governance and disaster preparedness.
- The chapters on the four components of the management process have been thoroughly updated.
- The content addresses the legacy qualifications and the new qualifications for staff and professional nurses.
- The processes described are aimed at improving efficiencies to reduce the cost to patients and healthcare institutions alike.
- All the forms displayed in the book are available for download at www.jutaacademic.co.za.

**ABOUT THE EDITORS**

Karien Jooste is a Professor in the School of Nursing at the University of the Western Cape with national and international involvements related to nursing management and leadership. She is known for her hallmark “leadership” through her publications, editorial positions, honorary international positions, awards and her personal aim to empower others to lead.

Nokuthula Sibiya is an Associate Professor and Head of Department of Nursing at the Durban University of Technology. She teaches nursing management at post-basic level and is actively involved in supervising postgraduate students who conduct research on health systems.
Introduction to Psychology has multiple-choice questions and answers, and chapter-by-chapter PowerPoint® slides. The chapter on sensation and perception includes a full-colour section for the accompanying artwork.

KEY FEATURES

- An expanded chapter on the history of psychology, with illustrations of the major figures in psychology internationally and in South Africa.
- A completely revised personality chapter includes a systems framework for personality as well as evolutionary personality theory. Personality tests and South African applications are included.
- An expanded psychotherapy chapter includes other modes of therapy, e.g., group family and play therapy.
- The sexuality chapter includes the latest HIV/AIDS updates, new case material and South African research relevant to student lives.
- A chapter on research and statistics by statistician, Professor K Dumont.
- The community psychology chapter includes case study materials to illustrate its theoretical foundations.
- Three additional theoretical approaches to learning are introduced: the social cognition learning model, the constructivist approach to learning and the theory of multiple intelligences.
The midwife is seen as instrumental in the delivery of safe maternity care to the women in South Africa. There is a widely shared belief that maternal and neonatal outcomes improve when highly specialised staff utilise advanced technology. The reality is that many conditions can be prevented or treated without sophisticated and expensive technology. What is required is essential care during pregnancy, labour, birth and the neonatal period, rendered by a person with midwifery skills. This text is a concise clinical manual to help the midwife maintain and improve those skills.

**Key Features**

- Explains the importance of sound infection control practices and why these are necessary, in order to train safe practitioners
- Discusses the specific ethical and legal issues relevant to theatre practice, so that the student is well prepared
- Explains the reasons for the different areas of the theatre and the appropriate clothing to wear in each, to reduce the possibility of contamination and cross-contamination
- Provides a sound introduction to anaesthesia so that this subject is not overlooked.

**About the Author**

Janice van Hirtum is a Registered Nurse and Midwife, with diplomas in orthopaedic nursing and operating theatre technique. She worked for many years as a scrub nurse and later as a theatre manager. Janice also worked as a nurse educator for 8 years, lecturing post-basic students.

**Suitable for**

- Undergraduate nursing students following the comprehensive four-year training programme in which midwifery is an integrated part
- Practising midwives
- Midwives wishing to update their clinical skills
- Medical practitioners.
Juta’s Complete Textbook of Medical Surgical Nursing

S Mogotlane (General Editor), M Chauke, M Matlakala, J Mokoena & A Young

Juta’s Complete Textbook of Medical Surgical Nursing is a comprehensive, evidence-based textbook written with the southern African nursing student in mind. The text meets requirements of the new curriculum’ in the margin.

The book covers all the systems in the human body with comprehensive information on the most important conditions that can affect these systems. Chapters provide an overview of the anatomy and physiology of each system and detail risk factors, nursing assessments and common findings.

CONTENTS

- Applicable concepts in nursing practice
- Practising nursing within a culturally diverse society
- Bio-psychosocial needs
- Safety in nursing practice
- Hygiene and grooming needs
- Nutrition needs
- Elimination need
- Comfort, rest and sleep needs
- Homeostasis
- Mobility and exercise needs
- Temperature regulation need
- Competencies of the professional nurse
- The nursing process
- Symptoms management
- Multiple trauma and emergency care
- Introduction to the disorders associated with cells and tissues
- Oncology nursing care
- Introduction to specific disorders of the immune system
- Management of the patient with HIV and AIDS
- Preoperative nursing
- Intraoperative nursing
- Postoperative nursing
- Introduction to the disorders of the renal system
- Management of the disorders of the upper urinary tract
- Management of the disorders of the lower urinary tract
- Management of the disorders of the female reproductive system
- Management of the disorders of the breast
- Management of the disorders of the male reproductive system
- Introduction to the disorders of the respiratory system
- Management of the disorders of the respiratory system
- Management of chronic obstructive pulmonary disorders
- Introduction to the disorders of the cardiovascular system
- Management of the disorders of the heart and related structures
- Management of coronary artery disease
- Management of the disorders of the blood vessels
- Management of the disorders of the haematological system
- Management of the disorders of the lymphatic system
- Introduction to the disorders of the gastrointestinal system
- Management of disorders of the upper gastrointestinal tract
- Management of disorders of the lower gastrointestinal tract
- Management of disorders of the accessory organs of digestion
- Management of disorders of the endocrine system
- The management of diabetes mellitus
- Introduction to disorders of the nervous system
- Management of disorders of the nervous system
- Introduction to the disorders of the musculo-skeletal system
- Management of specific disorders of the musculo-skeletal system
- Introduction to the disorders of the integumentary system
- Management of disorders of the integumentary system
- Management of a burn injury
- Management of the disorders of the ear, nose and throat
- Management of the disorders of the eye and vision
- Management of the elderly patient

KEY FEATURES

- Clear medical drawings that illustrate anatomical structures, to introduce each system and its functions
- Explanatory, easy-to-read text that encourages critical thinking
- General and specific nursing care plans for all major conditions which summarise nursing diagnoses and interventions for quick reference
- Student activities to reinforce learning at the end of each chapter.

SUITABLE FOR

- Nursing students registering in any of the following categories: Enrolled Nurse, Registered Staff Nurse, and Registered Professional Nurse.
Juta’s Counselling Handbook for Healthcare Professionals is a response to the need to help healthcare practitioners develop and apply counselling and communication skills. The handbook comprises three parts. The first section outlines essential principles of communication that will be useful in interactions between the health professional and the patient. The second section describes basic generic principles of counselling, and provides counselling theory and practical examples of how to apply the practical skills. The focus falls on the development and practice of skills. This section also suggests how to use counselling skills in brief interactions with patients. The third section describes the application of counselling skills to specific situations in a medical setting.

**KEY FEATURES**

- Emphasises the practical application of theory
- Includes ‘Tips’ text boxes which describe briefly how to deal with the issue under discussion
- Includes ‘Common pitfalls to avoid’ text boxes which highlight the most frequent errors made in dealing with the issue in question
- Enables health professionals to apply their skills to practical situations
- Provides examples of dialogue to illustrate the use of counselling skills in real-life settings
- Emphasises the importance of providing counselling that is sensitive to context and differences – not only of race and language, but also of social class, gender, spiritual belief, political affiliation, sexual orientation, literacy and educational level.
Nursing care remains at the cutting edge of science as innovations in patient care continuously evolve. However, fundamental and general skills are still necessary to develop the clinical reasoning skills a nurse requires in order to provide safe, high-quality care to patients and communities. The updated third edition meets the requirements of the new qualifications of Fundamental and General Nursing. New topics includes the latest methods in infection control, information on electronic patient records, the ethical use of social media and a review of nutritional information.

CONTENTS
- Section 1: Fundamental nursing science
  - An introduction to nursing
  - Practising the profession of nursing within the South African professional legal framework
  - Practising the profession of nursing within the South African professional-ethical framework
  - Information management
  - Introducing the concept of bio-psychosocial needs
  - Recognising spiritual needs
  - Practising nursing within a culturally diverse society
  - Community assessment
  - Patient assessment
  - Planning nursing care
  - Home- and community-based care
  - Maintaining patient safety
  - Infection control in the unit
  - Communicating and teaching
  - Caring for the needs of the nurse
  - Basic life skills for the nurse
  - Section 2: General nursing science
  - Oxygen need
  - Circulation need
  - Temperature regulation need
  - Nutrition
  - Assessing and maintaining fluid, electrolyte and acid-base balance
  - Mobility and exercise need
  - Elimination needs
  - Comfort, rest and sleep need
  - Skin integrity need
  - Hygiene and grooming needs
  - Sensation, perception and cognition
  - Peri-operative nursing care

KEY FEATURES
Each chapter contains:
- The prerequisite knowledge necessary for the study of that chapter, to ensure integration with other core subjects
- Ethical considerations
- Relevant medico-legal considerations
- Key concepts and terminology as well as new vocabulary.

ABOUT THE AUTHORS
Nelouise Geyer (RN, RM, BA Cur, MA Cur) is the CEO of the Nurses Education Association. Sophie Mogotlane (RN, RM, RCHN, Dipl. Nursing Education, Dipl. Paediatric Nursing, BA Cur, MA Cur, PhD) is Emeritus Professor and a Research Fellow in the College of Human Sciences at the University of South Africa. Anne Young (RN, RM, Dipl. ICU, Dipl. Nursing Education, BA Cur) is currently Academic Head for post-basic courses based at the Coronation Nursing College.
SM Mogotlane (Editor), IM Manaka-Mkwanazi, JD Mokoena, ME Chauke, MC Matlakala & B RandA

Companion text to Juta's Manual of Nursing Volume 1: Fundamental and General Nursing, or Juta's Complete Textbook of Medical Surgical Nursing.

Juta's Manual of Nursing Volume 2: The Practical Guide is the ‘how to’ book in the Juta’s Manual of Nursing range of books. Written in a clear and logical style, nursing procedures are explained in a step-by-step manner to help the student develop competencies to provide quality nursing care. Rationales for actions are always given, so that the student understands the reasons behind specific activities.

Key Features
- Each nursing procedure has the following features:
  - Explanation of the procedure
  - Learning outcomes
  - Learning assumed to be in place
  - Indications and contraindications
  - Resources required
  - Specific guidelines for the particular procedure
  - Essential patient teaching
  - Critical assessment criteria
  - Tips for nurses and/or precautions.

Now in its second edition, additional procedures have been added and where appropriate, the latest evidence-based information added. Care has been taken to explain the integration with related aspects of the nursing curricula. Videos to support some of the skills are available to prescribing institutions.

About The Authors
The author team are all dedicated nursing professionals. They have brought together their practical and theoretical backgrounds to develop this well-researched text to assist in training nurses for the future.

Juta's Manual of Nursing (Volume 3): Health Care Priorities
A Young (Editor)

Juta's Manual of Nursing (Volume 3): Health Care Priorities is the third book in the groundbreaking Juta’s Manual of Nursing series. Following the successful format of the first two volumes, Health Care Priorities introduces students to the cross-curricular special subjects and healthcare priorities that are covered in the four-year course. The topics covered in the book have been carefully selected to be in line with developments in the nursing qualification and, more broadly, in the healthcare field.
**KEY FEATURES**

- OBE-compliant
- Strong community-based focus
- Encourages problem solving, in both the clinic and the community
- Outcomes-based and problem-based
- Case studies
- Self-assessment.

**JUTA’S NURSING PSYCHOLOGY**

- APPLYING PSYCHOLOGICAL CONCEPTS TO NURSING PRACTICE

L MIDDLETON, G NICOLSON & V O’NEILL

**Juta’s Nursing Psychology** is aimed at nursing professionals to enable them to apply psychological concepts to nursing practice and so assist them in their day-to-day contact with patients. It examines human behaviour in a holistic way, and this means considering the whole person: brain, nervous system, personality, stage of life, social relationships and so on. The selection of topics in Juta’s Nursing Psychology makes this holistic view a reality and includes:

- the biological basis of human behaviour
- human development across the lifespan, including the social context
- psychological approaches to health and ill-health
- an introduction to counselling.

**CONTENTS**

- Development from conception to the end of childhood
- Development from puberty to the end of life
- Psychological approaches to personality
- Psychopathology
- Stress, resilience and coping
- Memory and learning
- Human behaviour and the social context
- The Physiology of Human Behaviour

**KEY FEATURES**

- Written in an easy, conversational style that makes the text accessible for second language students
- Numerous, relevant case studies that encourage discussion and explain how psychological theories inform daily nursing practice
- Discussions and short-answer questions at the end of each chapter to further enhance knowledge
- A section on web-based resources for further research at the end of each chapter
- Access to lecturer support material for the busy lecturer

**ABOUT THE AUTHORS**

Lyn Middleton obtained a PhD in psychiatric nursing at the University of KwaZulu-Natal. She has worked at the University of KwaZulu-Natal for many years. She is currently serving as the Regional Nursing Adviser for the ICAP Columbia University Coordinating Center for the PEPFAR funded Nursing Education Partnership Initiative (NEPI) in sub-Saharan Africa. Vivien O’Neill obtained a Master’s in Counselling Psychology in 1995 from the University of Natal (now the University of KwaZulu-Natal). She also holds a qualification in the field of Education. She is currently a lecturer at the University of KwaZulu-Natal.
Interaction with patients, their families and colleagues is a core aspect of the daily activities of all healthcare professionals. It is therefore vital for them to have a sound knowledge of why people behave the way they do, why they may behave differently in the healthcare environment and what happens in times of illness and stress. It is also important to understand the external forces that cause the many social problems in South African society and the forces that shape policy decisions relating to healthcare.

**CONTENTS**

- Chapter 1: The sociological approach to health and disease
- Chapter 2: The sociocultural context of health and healthcare delivery
- Chapter 3: Experiencing health and disease
- Chapter 4: Social problems and their health implications
- Chapter 5: Healthcare contexts
- Chapter 6: Policy influences on health and healthcare

**KEY FEATURES**

To give a deeper understanding of South African society and the sociological perspective, this book:

- Shows how sociological theories relate to the healthcare environment
- Discusses the sociocultural context of southern African society in all its diversity
- Describes some specific social issues and explains their impact on healthcare, such as HIV and AIDS, sex work, substance abuse, sexual violence, youth violence, teenage pregnancy, and also child abuse and neglect
- Provides an overview of some of the social contexts in which healthcare is delivered, such as the hospital environment, and describes healthcare systems – other than biomedicine – recognised in South Africa, namely African traditional healing and complementary and alternative medicine (CAM), and
- Explains how government policy influences health and healthcare.

**ABOUT THE AUTHORS**

Engela Pretorius (General Editor) is Emeritus Professor and research associate at the University of the Free State. She taught sociology to both medical and nursing students for three decades. Dr Zacheus Matebesi is Head of the Department of Sociology at the University of the Free State. He has worked extensively on the health-seeking behaviour and socioeconomic impact of pulmonary tuberculosis on the daily lives of patients in the Free State. Leáne Ackermann obtained her MSocSc at the University of the Free State, focusing on HIV.
This revised and updated edition of *Leadership in Health Services Management* provides the professional with the information necessary to lead with commitment. The reader is guided through crucially important issues such as vision, strategic thinking, confidence, negotiation and knowledge management.

Original South African research has been included as well as the application of the theory for postgraduate readers in studying for a Master’s certificate or tutored Master’s degree according to the new guidelines of the SAQA qualifications.

**KEY FEATURES**
- Written by a multi-disciplinary author team to ensure the text has a broad application and relevance
- Includes a CD with PowerPoint slides and activities to aid the student with implementation of the theories discussed
- Includes new chapters on coaching, staff development and performance appraisal to ensure the text is completely comprehensive
- Contains a new chapter on research to fulfil the latest curricula requirements.

The two-volume *Manual of Nursing* is a classic nursing text which broadens the student’s scope of knowledge by discussing in-depth aspects of midwifery, critical care nursing, community nursing and psychiatric nursing.

Volume 1 introduces certain basics of nursing theory and practice and includes a section dealing with nursing-related services. Students will find in Volume 2 the information they need to complete their study of subjects covered in Volume 1. Easy referencing ensures that the set (encapsulating the integrated nursing course) is of immediate and practical use. Volume 2 expands on the material in Volume 1, covering selected specialist subjects.
Maternal & Newborn Care
- A Complete Guide for Midwives and Other Health Professionals
J De Kock, C Van der Walt (Editors)
& CM Jones (Consulting Editor)

Maternal & Newborn Care takes an evidence-based practice approach, and covers the entire midwifery curriculum for the 4-year nursing course. Using accessible language, all theoretical and practical issues relating to maternal and newborn care are covered. Written by a team of top midwives, this is a truly African book, relevant to South Africa and other developing countries. Both the healthy and high-risk mother and neonate are included.

Key features
• Holistic healthcare
• Risk management
• Evidence-based and reflective practice
• Easy access to information
• Self-evaluation
• Case studies.

Mental Health Nursing
- A South African Perspective
L Uys & L Middleton (Editors)

Mental Health Nursing is the result of a cooperative effort by mental health nurses from all over the country to produce a textbook for the teaching and learning of mental health nursing. The sixth edition has been updated and expanded to take into account various curricula in mental health nursing. The text is written in easy-to-understand language and provides an approach that will suit local circumstances. Rich in evidence-based practice and practical examples, Mental Health Nursing will facilitate an active learning experience of the subject.

Key features
• Diagnostic criteria from the DSM-5™ with revised explanatory text.
• Evidence-based practice and excerpts from the Cochrane Collection
• Web-based resources for each chapter
• Extensive glossary of psychiatric terms.
Professional practice is the foundation of every interaction between nurse and patient. It both governs and guides the way the nurse behaves towards the patient and also grants the patient certain rights and responsibilities. This nurse-patient relationship has ethical as well as legal components; all of which are dealt with in this text. Nurses today face many challenges, such as staff shortages and industrial action and must continuously assess their professional responsibilities. A New Approach to Professional Practice provides sound advice on all relevant issues.

KEY FEATURES

- Explains the importance of the scope of practice so that the nurse understands the framework in which he or she must work
- Discusses all relevant legal aspects to explain the implications of these on daily practice
- Details the rights and responsibilities of the patient for clarity on the nurse-patient relationship
- Explains the key concepts ‘advocacy’ and ‘duty to care’ to encourage the nurse to maintain high standards of nursing care
- Provides information on communication and its relevance to privacy, listening skills, record keeping and electronic information
- The ‘new approach’ outlined in this book makes extensive use of case studies drawn from real-life situations, designed to explain the theoretical concepts. The authors are all experienced practitioners and educators who understand the realities of nursing practice, with all its triumphs, pitfalls and difficulties.

ABOUT THE EDITOR

Nelouise Geyer (RN, RM, BA Cur, MA Cur) is the CEO of the Nurses Education Association.
The sixth edition of this popular and well-established textbook offers nurses, medical students, doctors and other health professionals a method of learning neonatology.

In this edition:

• The text recommends the latest approach to care where a gentle approach is used and the nurse is pivotal.
• This notes the reduction of HIV transmission from mother-to-child. Prolonged breast-feeding is encouraged and several methods of breast-milk pasteurisation are described.
• The information on the structure and function of community perinatal services are highlighted and management issues are tailored for those who work in units with restricted funds and limited personnel.
• The text provides information on less common disorders and contains updated information on recent gene discoveries, particularly in musculo-skeletal and skin disorders.

CONTENTS

• Perinatal terminology
• Intrauterine growth and gestational age
• The physical examination
• Nursery care
• Breastfeeding
• Artificial feeding
• Disorders of maturation, growth and development
• Infection
• Jaundice
• Congenital abnormalities
• Neurological disorders
• Special sense organ disorders
• Respiratory disorders
• Cardiovascular disorders
• Gastrointestinal disorders
• Blood disorders
• Urogenital disorders
• Skin and tissue disorders
• Metabolic and endocrine system disorders
• Musculoskeletal disorders
• Miscellaneous problems
• Drugs and dosages

KEY FEATURES

• Explains a method for the thorough physical and neurological examination of the newborn and addresses the parent’s first question ‘is our baby normal?’
• Explains the importance of distinguishing the healthy newborn from the one who is sick (for example jaundice that occurs soon after birth differs greatly in aetiology and outlook from that which occurs later – this aspect of diagnosis is conveyed in each chapter)
• Contains numerous photographs to more fully explain various conditions.

ABOUT THE AUTHOR

Vincent Harrison is Emeritus Associate Professor at the School of Child and Adolescent Health, University of Cape Town.
The nursing profession in South Africa faces challenges regarding the education and training of students. Well-qualified nurse educators in South Africa enhance the quality of the development of student nurses, and therefore enhance the quality of nursing care. *Nurse Educator in Practice* incorporates the latest legislation and applies didactics in theoretical as well as clinical nursing education, using examples to illustrate the text. The book has been specifically written to cover the requirements for registration as a nurse educator at the South African Nursing Council.

**OCCUPATIONAL HEALTH**

- **MANAGEMENT AND PRACTICE FOR HEALTH PRACTITIONERS**
  - J ACUTT & S HATTINGH

The fourth edition has been extensively updated and takes note of changes to legislation and the latest research in environmental health and epidemiology. Building on its success as a practical ‘how to’ manual for students as well as practitioners, this comprehensive and widely prescribed text has proved itself to be indispensable. With this edition, the authors intend to guide the reader to be effective in their efforts to achieve occupational health for all workers.

**KEY FEATURES**

- A chapter on environmental health highlights its importance in the broader framework of healthcare
- A complete review of legislative issues, which form the cornerstone of Occupational Health
- A new chapter on work, workers and work places so that the practitioner has a greater understanding of the work environment and potential hazards therein
- An update to the chapter on psychological health, to highlight the importance of treating the patient holistically.

**ABOUT THE AUTHORS**

Jenny Acutt has been active in the field on occupational health nursing, with all its development and advances in the past 35 years. She has coordinated courses and lectured on the subject since 1982 and is an Honorary Life Member of the South African Society of Occupational Health Nursing Practitioners.

Susan Hattingh is the Associate Dean, King Saud bin Abdulaziz University, Saudi Arabia. She has been a nurse for 45 years and spent many years in the Department of Health Studies at Unisa where, as an Associate Professor, she developed and taught various courses including Occupational Health Nursing on a post-basic level.
NEW
HEALTH TITLES
FROM JUTA ACADEMIC
Communication and counselling in the healthcare setting encompasses a broad range of practical skills, self-knowledge and ethical-legal knowledge. The patient-centred approach is adaptable and suitable for use in different cultural healthcare settings.

**KEY FEATURES**
- Foundational chapters enhance self-awareness, influencing communication styles and improving ethical communication
- Provides the legal position on key issues like consent and confidentiality
- Equips the reader with appropriate skills and techniques to deal with individuals, couples, groups and families
- Covers the scope of medical and psychosocial challenges a healthcare professional deals with on a daily basis from human development and its counselling demands, through to end of life challenges
- Examines counselling interventions that should be covered in specific counselling situations.

**KEY FEATURES FOR STUDENTS AND EDUCATORS**
- Summary tables for quick reference
- Provides information for students related to examination and communication skill assessments
- Critical thinking activities at the end of each section make it a practical training guide
- The accompanying DVD contains role plays of common counselling and communication situations. The DVD allows ample opportunity to assess, critique and improve on communication skills and counselling processes.

**SUITABLE FOR**
- Healthcare professionals who want to develop their competence and increase their confidence in the counselling situation.
Now in its third edition, *Pharmacology in Clinical Practice* has been updated to ensure it remains up-to-date and relevant.

**UPDATES INCLUDE:**
- A colour plate to illustrate the links between pharmacology and physiology
- Additional information on side-effects, contra-indications and patient education for groups of drugs
- A guide on how to access this information, to assist with exam preparation and nursing practice
- An updated chapter on nursing management of drug preparations and treatment
- An updated chapter on clinical applications
- A chapter on the legal framework for dispensing and prescribing.

Particular care has been taken to simplify and clarify difficult concepts by explaining the links between pharmacology and physiology, by providing definitions of new concepts, and using plain language for ease of understanding. Fundamental concepts, such as pharmacodynamics and pharmacokinetics, are well covered in a manner that is accessible and clear. Individual chapters cover the various systems of the body.

**ABOUT THE AUTHOR & EDITOR**

The principal author and editor, Gustav Schellack (BCur, Adv Univ Dipl Nurs Sc, Hons BSc (Pharmacology), is a former lecturer of Pharmacology and now works within the pharmaceutical industry.
Infection control is part of the core curriculum of every healthcare qualification and is the responsibility of everyone in the healthcare environment. Incorrect or inadequate procedures and processes endanger both the patient and the healthcare professional.

*Prevent and Control Infection* contains all the information needed to empower the professional to understand and implement good infection control practices. The book includes content on basic microbiology, disinfection and sterilisation procedures, clinical practice and procedures and so on.

**CONTENTS**

- Micro-organisms: The relationship between micro-organisms and infection control practice
- Disease-specific infection prevention and control measures
- Incident-related or healthcare-associated infections
- Infection control practice: Housekeeping
- Disinfection and sterilisation
- Clinical practice and procedures
- Special patient categories
- Special issues
- Staff issues
- Infection control in home-based care settings

**KEY FEATURES**

- A chapter on the relationship between micro-organisms and infection control practice so that the need for standard precautions is fully understood
- Disease-specific infection prevention and control measures for each condition to enable quick reference
- Tried-and-tested policies and procedures to assist in setting up or formalising an institution’s policies
- The second edition of *Prevent and Control Infection* includes new conditions, health education for each condition and the updated list of legally notifiable conditions

**ABOUT THE AUTHORS**

Laura Ziady is an infection control specialist and nurse educator with a private hospital group. She holds a Master’s degree and nursing qualifications in general nursing science, midwifery, psychiatric nursing, community healthcare, nursing administration and nursing education, palliative nursing care and infection prevention and control. The late Nico Small held an Honours degree and nursing qualifications in general nursing science, midwifery, psychiatric nursing and community healthcare.
Psychiatric disorders represent enormous burdens of care and important causes of disability in the developing world. With the changing structure of the health services in southern Africa, healthcare workers at the primary level are increasingly required to deal with a wide range of psychological problems and psychiatric disorders. This book aims to equip these workers with basic information on how to identify and manage the majority of these problems, with guidelines on when and how to refer to more specialised levels of care. An extensive list of resources is provided.

**Key features**
- Updated with latest DSM-5 diagnostic criteria
- Written in a clear and accessible style that aims to be free of jargon
- Case studies are used to illustrate common clinical problems
- A simple, problem-based approach is followed
- It is rooted in the southern African context and addresses the particular challenges faced by a developing and transforming society with limited financial resources

**Suitable for**
- Medical students, students in allied disciplines, general practitioners, medical officers, district surgeons, nurses, social workers, psychologists.

---

Early recognition of the signs of deterioration in a patient has a significant impact on the rates of admission to ICU. Clear clinical warning signals become evident 6–8 hours prior to cardiac arrest. *Acute Care: Clinical Assessment and Treatment of Acutely ill Patients* details a system that identifies the patient at risk and outlines appropriate interventions to either avert admission to ICU or ensure the patient receives optimal care prior to being transferred to ICU.

**Key features**
- Describes a system for assessing the acutely ill patient to identify signs of deterioration
- Explains how to evaluate the assessment findings so that interventions can be implemented
- Details interventions to lessen the chances of organ damage, morbidity and mortality.

**Suitable for**
- Nurses working in the general ward looking after the acutely ill patient, or wishing to refresh their knowledge of ICU principles. Also suitable for nurses in healthcare facilities that do not have an ICU.
Palliative Care aims to provide this knowledge and guide the nurse who has to care for the patient with palliative needs. Palliative Care aims to support the development of skills and attitudes for a ‘palliative approach’ by nurses working in a generalist setting. It includes treatment approaches and referral criteria. This valuable, accessible text shows how the nurse can incorporate palliative care into daily clinical practice and explains how this can enhance current nursing delivery without taking extra time.

Record Keeping is part of a series of books aimed primarily at the registered nurse wishing to continue with his or her professional development. Each book in the Professional Nurse Series covers one important topic, and has been written by a specialist in that field. The series follows a consistent format and covers issues such as key ethical and legal considerations, relevant legislation, case studies and practical applications.
Supervision in Nursing Practice focuses on building supervision skills. This extremely useful text uses an outcomes- and problem-based approach to update public and private nurse practitioners, and to focus on skills development. It includes original research, where appropriate, to demonstrate the application of theory.

**KEY FEATURES**
- Timeously addresses a relevant and important topic
- Can be used for in-service training programmes in all institutions
- Includes a section on research in supervision
- Accessible
- User friendly
- Will be suited for CPD accreditation

**PROFESSIONAL NURSE SERIES: THE PARTOGRAPH AND HOW TO ASSESS LABOUR**

The Partograph and How to Assess Labour is part of a series of books aimed primarily at the registered nurse wishing to continue with his or her professional development. Each book covers one important topic, and has been written by a specialist in that field. The series follows a consistent format and covers issues such as key ethical and legal considerations, relevant legislation, case studies and practical applications. These concise, accessible texts will be suitable for accreditation when Continuing Professional Development becomes a requirement.

**KEY FEATURES**
- Gives clear guidelines on how to complete the partograph correctly
- Shows how to identify abnormalities in recordings
- Offers guidelines on how to act on these abnormalities should they occur
- Includes a comprehensive workbook with answers to put the theory into practice
Over the past few decades there has been a major shift in research methodology – away from technicist to more contextual and pragmatic approaches. This is reflected in a greater emphasis on interdisciplinary and applied research skills, the concurrent use of qualitative and quantitative methods, and a more sophisticated understanding of the epistemological grounding of research. Research in Practice: Applied Methods for the Social Sciences incorporates these new trends while also providing comprehensive coverage of the full range of established research approaches and techniques.

**KEY FEATURES**

- Lively text which incorporates new trends while also providing comprehensive coverage of the full range of established research approaches and techniques
- Structured to facilitate systematic study of each phase of the research process in sequence
- Aims to ground research methodology in terms of practical outcomes, and to equip students with applied technical know-how and conceptual tools to evaluate and contextualise their work in terms of larger social and philosophical issues
- A strong emphasis on practical examples drawn from the southern African experience
- Richly supplemented by photographs, case studies, tips and checklists

**Sellers’ Midwifery**  
J Dippenaar & D Erasmus (Revising Editors)

This revision of the widely used classic text, first published as Midwifery by the late Pauline McCall Sellers, is a comprehensive textbook that covers every conceivable aspect of midwifery. It is relevant for use in southern African and other developing regions, and is in line with the International Council of Midwives and International Council of Nursing guidelines and standards. It has been fully updated and revised to deal with HIV/AIDS in pregnancy, childbirth and postpartum care.

**KEY FEATURES**

- Generously illustrated
- 16 pages of colour photographs
- Supporting documents and protocols for prescribing institutions

**Suitable for**

- Undergraduate and postgraduate students of psychology, sociology, anthropology and applied fields of social work, nursing and occupational therapy
- Practising researchers.

**Suitable for**

- This core text can be used for all levels of midwifery studies.
Interaction with patients, their families and colleagues is a core aspect of the daily activities of all healthcare professionals. It is therefore vital for them to have a sound knowledge of why people behave the way they do, why they may behave differently in the healthcare environment and what happens in times of illness and stress.

Each chapter addresses key issues, topics and debates in sociology today, and uses contemporary and current South African case studies to make the material relevant and meaningful to students. Chapter introductions serve as a narrative linking and providing cross-references to material covered in other chapters, where appropriate.

**CONTENTS**
- Chapter 1: The sociological approach to health and disease
- Chapter 2: The sociocultural context of health and healthcare delivery
- Chapter 3: Experiencing health and disease
- Chapter 4: Social problems and their health implications
- Chapter 5: Healthcare contexts
- Chapter 6: Policy Influences on health and healthcare

**ABOUT THE EDITORS**
Paul Stewart is a senior tutor at the University of the Witwatersrand where he has taught Sociology since 1997. His recently completed PhD entitled Labour time in South African gold mines: 1886-2006 is forthcoming as a book. His current research is on the right of refusal to do dangerous work underground. Johan Zaaiman is director of the School of Social and Government Studies at the North-West University, Potchefstroom campus. He has taught first year Sociology for 21 years, first at the Huguenot College in Wellington, and at the North-West University. His research interests include political sociology, social theory and research methodology.

Receive regular up-to-date information about our New Titles by signing up for newsletters, notifications of New Editions and other information of interest to you at www.jutaacademic.co.za/register
In this book, we describe how this turn-around in health policy is being achieved, the challenges that have had to be overcome, and the many challenges that remain. As a case study of an emerging power’s efforts to deliver on the expectations brought by the onset of democracy, it will be of interest to students of social and public health practice and policy nationally and around the globe.

**CONTENTS**

- Chapter 1: Introduction and overview
- Demographic and health trends: 2009–2014
- Service delivery through the lens of strategic health programmes
- Primary health care and universal health coverage in South Africa
- Improving quality
- Health systems financing
- Reforming public hospitals
- Human resources for universal health coverage
- Medicines, health products and technology
- Health information systems in the public health sector
- Community participation in the post-apartheid era: progress and challenges
- Health governance
- Responding to the challenges

**ABOUT THE AUTHORS**

Ms Malebona Precious Matsoso is South Africa’s Director-General, National Department of Health. Ms Matsoso holds a degree in Pharmacy from the University of Western Cape, a postgraduate diploma in Health Management from the University of Cape Town, and a Master’s degree in Law and Ethics (LLM) from the University of Dundee. Dr Robert John Fryatt is an international public health specialist with twenty-four years of experience working in public health and international development in low, middle and high income countries across Asia, Africa and Europe. Dr Gail Andrews is a public health specialist with extensive senior management experience. Her policy, programming and research expertise is broadly in public health, and specifically the intersection of health systems research and strengthening with women’s health, maternal health and HIV and AIDS.

**SUITABLE FOR**

- Anyone interested in an overview of how healthcare in South Africa has changed within the given period.
This revised edition of A Student’s A-Z of Psychology is a response to the requirements of the modern learning environment. It provides the core psychological knowledge required for a first year course in psychology as well as information on specific skills-based topics. As an alphabetically arranged resource, it is an easy-to-use companion for the entry-level student of psychology.

**CONTENTS**

- Cognition: Thinking
- Consultation scenario for a psychological research project
- Consultation scenario for a stress management programme
- Consultation scenario for a study management programme
- Consultation interview
- Emotion and motivation
- Groups
- Human nervous system
- Individual differences in behaviour
- Information analysis
- Information modelling
- Intelligence
- Intelligence and creativity
- Interpersonal communication
- Interpersonal dynamics
- Interpersonal relationships
- Learning
- Memory
- Motivation
- Personality and health
- Personality concepts
- Personality theories
- Presentations
- Psychological disorders
- Psychological programme
- Psychological science
- Psychology: What is it all about?
- Research essays
- Self
- Sensation and perception
- Sensation: The visual system
- Social issues
- States of consciousness
- Stress
- Work

**ABOUT THE AUTHORS**

The authors, Vasi van Deventer and Mapula Mojapelo-Batka, are highly experienced in teaching introductory psychology. This book reflects the interest that they and their colleagues have in designing competency-based courses that do not rely on a traditional textbook-dependent methodology.
This edition has a strong focus on HIV/AIDS health education. Almost every chapter provides examples for using a specific method for teaching and learning about specific aspects of HIV/AIDS. It is hoped that these methods will help people to acquire knowledge (especially about HIV/AIDS) and to apply this knowledge in their lifestyles.

Infection prevention and control play a significant part in containing the spread of disease. Increased resistance to antimicrobials and the rapid spread of communicable diseases such as tuberculosis, swine flu, SARS and avian flu has highlighted the need for good infection prevention and control (IPC) measures in both the healthcare setting and at home. Understanding Infection Prevention and Control is a comprehensive compendium of IPC processes that can be applied to all countries.
Building on the reputation of *Manual of Community Nursing and Communicable Diseases*, the all-new *Vlok’s Community Health* is relevant for the community health professional under the re-engineered primary healthcare system. Topics covered include public health, the national health insurance and community oriented primary care, as well as care of the individual throughout the lifespan. This well-written text places emphasis on practical application of theoretical concepts. The practical aspects extend to the chapters on Managing the Community Clinic and Caring for the Disabled at Home, which contain informative examples and suggestions.

**Contents**

- Public Health
- Community Oriented Primary Care
- Worldviews and health seeking behaviour
- Taking a clinical history
- Roles and responsibilities of the Community Nurse
- Management of the community clinic
- Epidemiology
- Nutrition
- Health promotion and prevention
- Communicable diseases
- Non-communicable diseases
- Occupational Health and safety
- Health needs through the lifespan including: Genetics; Antenatal services for the non-specialist; Child Health; School Nursing and Adolescent Health; Reproductive Health; Men’s Health; Gerontology; Mental Health in the community; Intimate Partner Violence; Family Pathologies; Gerontology; Disabilities in the community

**Key Features**

- Is comprehensive and thorough, making it a core text for all nursing qualifications.
- Meets the requirements of current nursing programmes and proposed updates to nursing qualifications.
- Addresses the South African situation under the re-engineered primary healthcare system.
- Travels easily from the classroom to the practitioner’s office, making it the ‘community manual’ of choice.
- Written by specialists in a wide range of disciplines, resulting in an accurate and reliable text.

**About the General Editor**

Professor Marina Clarke studied at Carinus Nursing College, Bloemfontein, the University of South Africa, Rand Afrikaans University and Karolinska (Sweden). Besides public and private hospital and clinical experience, she has 30 years of community nursing experience, as registered nurse, community developer, senior manager and senior lecturer. Marina headed the Divisions of Nursing at Cape Peninsula University of Technology and at Stellenbosch University.
Working with HIV/AIDS has been developed around the SAQA Fundamental Unit Standard 13915 (Demonstrate knowledge and understanding of HIV/AIDS in a workplace, and its effects on a business sub-sector, own organisation and a specific workplace) for use on NQF level 3. In line with the unit standard requirements, the book includes a variety of formative assessment activities, using individual, pair and group work assignments, that should appeal to a wide range of learners or readers, as well as actual case studies, fact boxes, other useful and up-to-date information and glossary terms. The book should appeal to a wide audience, from learners at schools and tertiary institutions to members of the general public.

**KEY FEATURES**

- Clear and accessible text
- Adheres to the requirements of unit standard 13915
- Develops learners to become knowledgeable, caring and empowered colleagues of HIV-positive employees
- Equips learners to make informed decisions about avoiding transmission of the HI virus

Writing your first clinical research protocol

Students embarking on their first clinical research protocol are often daunted by the task at hand, particularly by the statistical terminology, concepts and the choice of appropriate statistical tests. The authors understand the difficulties and pitfalls students might encounter and have written an introductory text that will make writing that first protocol 'a breeze'. Beginning with a section entitled ‘What’s in it for me’, which outlines the benefits of research, the text provides ideas and advice on topics such as finding the research focus, writing the proposal, considering ethical requirements, compiling a budget and writing the executive summary.

**KEY FEATURES**

- Written in an easy-to-read, conversational style for the novice researcher
- Shows how to ask a focused question aimed at improving medical practice
- Explains how to undertake a literature review and critically appraise the available literature
- Demystifies the data analysis process, which results in the selection of the appropriate statistical test
- Teaches the art of concise scientific writing to ensure the research is taken seriously
- Provides guidelines on how to develop presentation skills when the opportunity arises to present the research findings.
The fifth edition has been extensively updated and takes note of changes to legislation and the latest research in environmental health and epidemiology. Building on its success as a practical ‘how to’ manual for students as well as practitioners, this comprehensive and widely prescribed text has proved itself to be indispensable. With this edition, the authors intend to guide the reader to be effective in their efforts to achieve occupational health for all workers.
CONTACT INFORMATION

PUBLISHING

PUBLISHING MANAGER
HYREATH ANDERSON
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2497 • Cell: 083 266 1843
Email: handerson@juta.co.za

PUBLISHERS

JAYDE BUTLER (COMPUTING/BUSINESS INFORMATION SYSTEMS, ECONOMICS, HUMAN RESOURCES, MATHEMATICAL SCIENCES AND STATS)
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2306 • Cell: 082 650 2901
Email: jbutler@juta.co.za

LYNN KOCH (EDUCATION, PSYCHOLOGY, RESEARCH, SOCIAL SCIENCES)
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2426 • Cell: 083 564 4920
Email: lkoch@juta.co.za

CHRIS LAWRENCE
(ACCOUNTING, AUDITING, CORPORATE GOVERNANCE, FINANCE, TAX)
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2489 • Cell: 076 606 9908
Email: clawrence@juta.co.za

PHILLIP LIEBENBERG (BUSINESS MANAGEMENT AND ENTREPRENEURSHIP, MARKETING, RETAIL AND SALES)
PO Box 39412, Moreleta Park, 0044, Pretoria
Tel: +27 (0) 12 997 5754 • Cell: 083 399 2030
Email: pliebenberg@juta.co.za

WILLEMIIEN JANSEN (HEALTH)
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2375 • Cell: 063 502 1944
Email: wjansen@juta.co.za

CORINA PELSER (COMMUNICATION, ENGINEERING, HOSPITALITY AND TOURISM, PUBLIC ADMINISTRATION)
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2347 • Cell: 071 604 4054
Email: cpelsier@juta.co.za

SANDY SHEPHERD (UCT PRESS)
PO Box 14373, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2581
Email: sshepherd@juta.co.za

MARKETING

STRATEGIC MARKETING MANAGER
MABEL MNENSEA
PO Box 24299, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2354 • Cell: +27 (0) 72 828 2594
Email: mmnensa@juta.co.za
SALES

SALES MANAGER
MICHELLE SYMINGTON
PO Box 24299, Lansdowne, 7779, Cape Town
Tel: +27 (0) 21 659 2584 • Cell: +27 (0) 83 450 2789
Email: msymington@juta.co.za

SALES CONSULTANTS

GAUTENG, NORTH-WEST AND PRETORIA
MARIE BOTHA
Block A, Sandton Close 2, 3rd Floor, c/o 5th & Norwich Road, Sandton, 2196
Tel: +27 (0) 11 217 7234 • Cell: 083 399 9042
Email: mbotha@juta.co.za

KWAZULU-NATAL, FREE STATE, GAUTENG, EASTERN CAPE AND NORTHERN CAPE
JENNIE BOWEN
60 Wilkes Road, Prestbury, Pietermaritzburg, 3201
Cell: 083 367 9720
Email: jb Bowen@juta.co.za

KWAZULU-NATAL, EASTERN CAPE, MPUMALANGA, LESOTHO & SWAZILAND
GLADM AN BUTHELEZI
Office 101A, 1st Floor, Clifton Place, 19 Hurst Grove, Musgrave, Durban, 4001
Tel: +27 (0) 31 201 0671 • Cell: 083 702 2425
Email: gbuthelezi@juta.co.za

WESTERN CAPE, EASTERN CAPE (PORT ELIZABETH), SOUTHERN CAPE AND NAMIBIA
JANINE GENTLE
1st Floor, Suncclare Building, 21 Dreyer Street, Claremont, 7708
Tel: +27 (0) 21 659 2300 • Cell: 072 375 8006
Email: jgentle@juta.co.za

GAUTENG, LIMPOPO, MPUMALANGA AND BOTSWANA
PIETER SMITH
Block A, Sandton Close 2, 3rd Floor, c/o 5th & Norwich Road, Sandton, 2196
Tel: +27 (0) 11 217 7200 • Cell: 083 283 7055
Email: psmith@juta.co.za

CUSTOMER SERVICES
1st Floor, Suncclare Building, 21 Dreyer Street, Claremont, 7708
Tel: +27 (0) 21 659 2300 • Fax: +27 (0) 21 659 2360
Email: cserv@juta.co.za • Website: www.juta.co.za

Our Juta Academic Survival Kit is filled with exam and study skills to help students master campus life.

The first day at university can be overwhelming and stressful, it is therefore a good idea to be as prepared as possible.

YOU CAN VIEW IT AT bit.ly/JutaSurvivalKit
CAN’T FIND A TITLE YOU’RE LOOKING FOR?

CONTACT US ONLINE

www.juta.co.za
AUTHOR INDEX

A
Ackermann L, 32
Acutt J, 37, 60
Aldous C, 51
Andrews R, 47

B
Baumann SE, 42
Baxen J, 22
Bezuidenhout M, 17
Bhengu B, 22
Blackwell Publishing, 12
BOOYSSEN L, 9
Botha MH, 13
Breidlid A, 22
Brink HI, 20

C
Carr M, 42
C Carter C, 42
Chauke ME, 30
Clarke M, 50
Cockcroft K, 16
Cook C, 14

D
Dada M, 10, 11
de Beer F, 14
De Kock J, 34
de Villiers L, 15
Dhai A, 11
Dinat N, 28, 43
Dippenaar J, 45, 47
du Plessis D, 26
Duncan N, 16
Durrheim K, 45

E
Ehlers V, 49
Erasmus D, 45, 47
Erasmus I, 9
Esterhuizen T, 51

F
Fryatt g, 47

G
Geyer N, 10, 11, 29, 35, 40, 43

H
Hamilton R, 28
Harrison V, 36
Hattingh S, 37, 60
Hlaise KK, 12

J
Jacklin L, 12
Jones CM, 34
Jooste K, 21, 22, 24, 33, 44
Joyner K, 8

K
Knapp van Bogaert D, 11
Kruger TF, 13

L
Louw M, 51

M
Manaka-Mkwawazi IM, 30
Matebesi Z, 32
Matlakala MC, 30
Matsaseng T, 13
Matsoso M, 47
Mbokazi AJ, 12
McQuoid-Mason D, 10, 11
Mehtar S, 49
Meyer S, 37
Middleton L, 31, 34
Minnaar A, 23
Mogotlane SM, 29, 30
Mojapelo-Batka M, 48
Mokoena JD, 27, 29
Mthembu S, 15
Muller M, 22

N
Nicholas L, 24
Nicolson G, 31
Nolte A, 44

O
O’Neill V, 31
Oosthuizen A, 19

P
Page J, 51
Painter D, 45
Pakkiri D, 51
Pretorius D, 12, 39
Pretorius E, 32

R
Randa B, 30
Reinbrech-Schütte A, 39
Rheeder P, 51
Roux CJ, 19

S
Schellack G, 40
Schellack N, 40
Sembulingam K, 19
Sembulingam P, 19
Sibiya N, 24
Small N, 41
Smith W, 18
Stevenson JC, 8
Stewart P, 46
Swanepoel H, 14

T
Terre Blanche M, 45
The South African Red Cross Society,
11, 18
Tjale A, 15

U
Uys L, 34

V
van der Wal D, 19
van der Walt C, 20, 34
van Deventer V, 4, 48
van Hirtum J, 26
van Niekerk S, 37
van Rensburg G, 20
van Rooyen M, 39
van Wyk N, 23
van Zyl M, 9
Vasuthevan S, 15
Vlok ME, 33

W
Walls L, 18
Watts J, 16

Y
Young A, 9, 27, 29, 30

Z
Zaaiman J, 46
Zaborowski A, 14
Ziady LE, 41
TITLE INDEX

A
A–Z of Medical Law, 10
A–Z of Nursing Law, 10
Aspects of Forensic Medicine - An Introduction for Healthcare Professionals, 8
Auxiliary Nurse, The, 9
Auxiliary Nurse’s Guide, The, 8

B
Basic First Aid, 11
Bioethics, Human Rights and Health Law — Principles and Practice, 11
Blackwell’s Nursing Dictionary, 12

C
Child Abuse — Guidelines and Applications for Primary Healthcare Practitioners, 12
Clinical Gynaecology, 13
Clinical Ophthalmology Companion, 14
Community Development — Breaking the cycle of poverty, 14
Cultural Issues in Health and Health Care, 15

D
De Haan’s Health of Southern Africa, 15
Developmental Psychology, 16
Dimensions of Healthcare Management, 17
Disaster Medicine, 18

E
Essential First Aid — Manual for Southern Africa, 18
Essentials of Medical Physiology, 19
Ethics in Healthcare, 19

F
Fertility Management — Contraception in Practice, 19
Fundamentals of Research Methodology for Healthcare Professionals, 20

H
Healthcare Dynamics — for the specialist professional, 21
Healthcare Service Management, 22
HIV/AIDS in Sub-Saharan Africa — Understanding the Implications of Culture and Context, 22

I
Infection Control made Easy — A Hospital Guide for Health Professionals, 23
Integrative Health, 23
Introduction to Health Services Management — For the unit manager, 24
Introduction to Psychology, 25
Introduction to the Operating Theatre, An — For Nurses and Operating Theatre Practitioners, 26

J
Juta’s Clinical Guide for Midwives, 26
Juta’s Complete Textbook of Medical-Surgical Nursing, 27
Juta’s Counselling Handbook for Healthcare Professionals, 28
Juta’s Manual of Nursing (Volume 1), 29
Juta’s Manual of Nursing (Volume 2) — The Practical Guide, 30
Juta’s Manual of Nursing (Volume 3) — Health Care Priorities, 30
Juta’s Nursing Psychology — Applying Psychological Concepts to Nursing Practice, 31
Juta’s Sociology for Healthcare Professionals, 32

L
Leadership in Health Services Management, 33

M
Manual of Nursing, 33
Maternal and Newborn Care — A Complete Guide for Midwives and other Health Professionals, 34
Mental Health Nursing — A South African Perspective, 34

N
New Approach to Professional Practice, A, 35
Newborn Baby, The, 36
Nurse Educator in Practice, 37

O
Occupational Health — Management and Practice for Health Practitioners, 37, 60

P
Patient-Centred Communication and Counselling — Principles and Practice, 39
Pharmacology in Clinical Practice — Application Made Easy for Nurses, Pharmacists and Allied Health Professionals, 40
Prevent and Control Infection — For Safer Healthcare Practice, 41
Primary Care Psychiatry — A Practical Guide for Southern Africa, 42
Professional Nurse Series: Acute Care — Clinical Assessment and Treatment of Acutely Ill Patients, 42
Professional Nurse Series: Palliative Care, 43
Professional Nurse Series: Record Keeping, 43
Professional Nurse Series: Supervision in Nursing Practice, 44
Professional Nurse Series: The Partograph and How to Assess Labour, 44

R
Research in Practice — Applied Methods for the Social Sciences, 45

S
Sellers’ Midwifery, 45
Sociology — A South African introduction, 46
Student’s A–Z of Psychology, A, 48

T
Teaching Aspects of Health Care, 49

U
Understanding Infection Prevention and Control, 49

V
Vlok’s Community Health, 50

W
Working with HIV/AIDS, 51
Writing your first clinical research protocol, 51
NOTES:
### Desk Copies VS Inspection Copies

Request a desk copy if you currently prescribe the book. If there is more than one lecturer per course, the number of copies issued will be determined by the number of students.

Request an inspection copy if you are in a position to prescribe the book. Include a copy of the course outline when submitting your request and tell us what is currently being prescribed in the space provided below. The inspection copy will be collected from you should you decide not to prescribe it for your course.

### Required Titles

<table>
<thead>
<tr>
<th>TITLE/S</th>
<th>ISBN</th>
<th>COURSE/S</th>
<th>NO. OF STUDENTS</th>
<th>DESK COPY (X)</th>
<th>INSPECTION COPY (X)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Titles Currently Prescribed and Brief Course Outline


### Lecturer's Details

Name of lecturer: ________________________________  
Designation: ________________________________
Faculty/Department: ________________________________  
Institution: ________________________________
Cell: ________________________________  
Email: ________________________________
Delivery address: ________________________________  
Date: ________________________________

Please tick here if you would like to be added to our mailing list.

### Please Note

1. To qualify for a desk or inspection copy, you must be a lecturer at a recognised tertiary institution and either prescribe or be in a position to prescribe the book requested.
2. We will not be able to consider your request unless all information is supplied.
3. Please attach a course outline for inspection copy requests.
4. Return form on: Fax: 021 659 2360 or Email: academic@juta.co.za

To request an inspection copy online go to [bit.ly/jutainspection](https://bit.ly/jutainspection)

### Area of Interest

- Accounting & Finance
- Business & Commerce
- Communication
- Law
- Education
- Engineering
- Health
- Other
- Hospitality & Tourism
- Public Administration
- Social Sciences

### For Further Enquiries Contact the Sales Consultant in Your Area

**Gauteng, North-West, Northern Cape and Pretoria**  
Marie Botha • Cell: 083 399 9042

**KwaZulu-Natal, Free State, Gauteng and Eastern Cape**  
Jennie Bowen • Cell: 083 367 9710

**KwaZulu-Natal, Eastern Cape, Mpumalanga, Lesotho & Swaziland**  
Gladman Buthelezi • Cell: 083 702 2425

**Western Cape, Eastern Cape (Port Elizabeth), Southern Cape and Namibia**  
Janine Gentle • Cell: 072 375 8006

**Gauteng, Free State, Limpopo, Mpumalanga and Botswana**  
Pieter Smith • Cell: 083 283 7055